



SWEETBIRD®

BRISTOL ENGLAND



easy
ice-blended
smoothies

Fruit Smoothies

Our range of 10 mouth-watering fruit smoothies has been specially blended to deliver ice-cold, fruity refreshment.

SWEETBIRD ICE-BLENDED SMOOTHIES

Flavour-rich and refreshing, every Sweetbird smoothie has been specially blended by our experts using real fruit and juice. Created in ten mouth-watering flavours; every one packed with depth and zing, these smoothies are a treat for taste buds and profits. Easy to store and even easier to make, no fruit to wash, peel or waste, just 100% convenience in a carton. Simply pour over ice and blend for delicious smoothies every time. We've created the range to complement our syrups and frappé powders too, so you can get inventive with your menu by making your own, refreshingly different smoothies.

- Made with real fruit
- Free from artificial colours, sweeteners and flavours
- Fat free
- Gluten and dairy free
- Registered with The Vegan Society

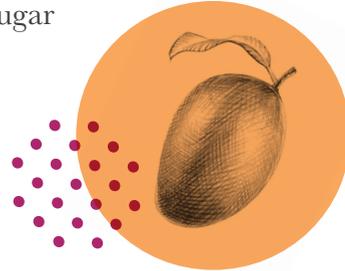
100% Fruit & Vegetable Smoothies

- No added sugar - just naturally occurring fruit sugar
- 1 of your 5-a-day per 12oz drink

THE PACKS

1 litre tetra packs

Approx 8 12oz drinks per carton



All our syrups are registered with The Vegan Society.

THE COLLECTION

Quick, consistent and mess free, introducing the smoothie range:

ORIGINAL FRUIT SMOOTHIES

BANANA

Our special blend of real banana and very little else. Make with Sweetbird Vanilla Bean frappé and your choice of dairy free milk to create a delicious and easy vegan friendly banana milkshake.

LEMON

It's the real lemon juice in our smoothie that gives it such a sharp freshly squeezed taste. Use it to make classic lemonade with sparkling water, add raspberry syrup for gorgeously fruity pink lemonade, or make as a simple smoothie for extra refreshment when the weather is hot.

MANGO

We've added all the fragrance and taste of tropical mango into our classic smoothie. Sweet, delicious and made with real mangoes, this classic should be first on your ice-blended menu.

MANGO & PASSIONFRUIT

No need for any slicing or peeling as we've already paired these two tropical fruit classics for a refreshingly sweet and tangy taste, ripe for sunny days.

PEACH

Made with real peaches this smoothie is sunshine in a cup and a fruitful addition to any smoothie menu. With a gorgeous bright natural colour Sweetbird Peach smoothie is delicious on its own or made with Vanilla Bean or Yogurt frappés.

RASPBERRY & BLACKCURRANT

Rich, berry tones make up our summer berry flavour, made with real raspberries and blackcurrants giving it the perfect balance of sharp and sweet.

STRAWBERRY

Plump, ripe, succulent strawberries are used to make our versatile Strawberry smoothie. Blended with just ice and a splash of water the tang of strawberries hits the taste buds on first taste.

STRAWBERRY & BANANA

Bringing together the juiciness of ripe strawberries and creamy smooth banana this is a classic combination. Easier than mixing your own recipe, we have created the perfect balance of both fruits.

100% FRUIT & VEGETABLE SMOOTHIES

RASPBERRY, BEETROOT & BLACKCURRANT

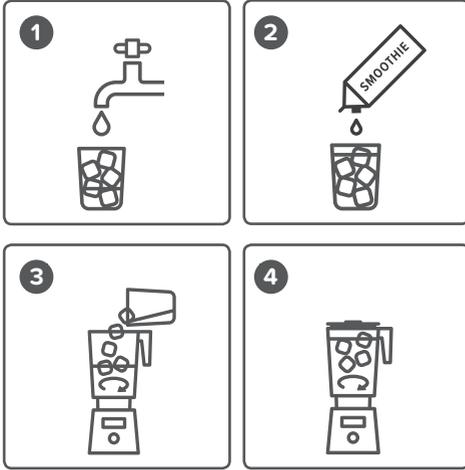
Our original Raspberry and Blackcurrant smoothie has been an essential on menus for years. This 100% fruit and vegetable smoothie takes all that goodness and adds the earthy tones of beetroot for a distinctively different taste.

MANGO, ORANGE & CARROT

Made with just fruit and veg this smoothie is the well thought out combination of creamy smooth mangoes, carrots and juicy sweet oranges.

MAKE SWEETBIRD SMOOTHIES

Ice-blended Smoothie 12 oz / 355 ml drink



1. Fill cup with ice, level to the top of the cup, then fill with water to $\frac{1}{3}$ full
2. Pour smoothie over water and ice to the top
3. Pour contents of cup into blender jug
4. Put the lid on tightly, blend until smooth

Flavoured Hot Fruit Soothie™ 12 oz / 355 ml drink



1. Pour 50ml smoothie into cup
2. Add 2 pumps syrup
3. Top with hot water then stir

Use with frappés

Sweetbird smoothies versatility makes them great for using with frappés too. Half fill a 12oz cup with ice, add 30ml smoothie then top with milk (to 1cm below the top). Add to blender with $\frac{1}{2}$ scoop Vanilla Bean frappé and blend until smooth for a delicious fruity milkshake. Try with non-dairy milk for a delicious vegan milkshake option.

Have you tried Sweetbird's other ranges of syrups, frappés and purées? For more inspiration and creative recipes visit sweetbird.com



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